

# Gymna 200 series



Expertise



Experience

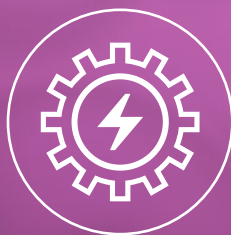


Ease of use

**gymna**<sup>®</sup>

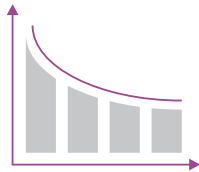
[gymna.com](http://gymna.com)

# Expertise





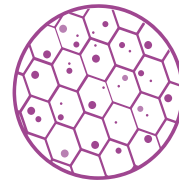
## The essence of electrotherapy



### PAIN RELIEF

#### **Accuracy & expertise**

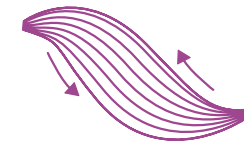
- *Implementing the newest scientific evidence*
- *Pain relief at its finest*
- *Latest protocols embedded*



### CELLULAR EFFECTS

#### **High efficiency ultrasound repair**

- *State-of-the-art ultrasound head*
- *Deep absorption of ultrasound waves*
- *In-depth heat diffusion with minimal energy loss*



### MUSCLE STIMULATION

#### **Reaching new heights in performance**

- *New SD Curve analysis feature*
- *Faster muscle buildup*
- *Heightened muscle strength conservation*

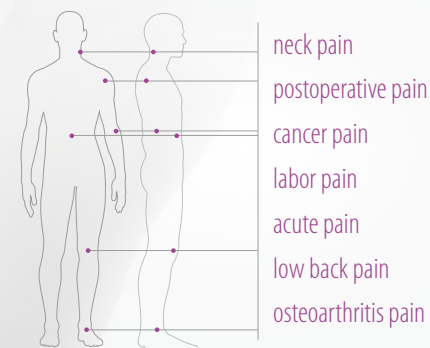


## Unmatched setting precision

**PAIN  
RELIEF**

- Faster, better, more precise pain relief
- Latest TENS protocols insights provide a wider set up array
- Highly enhanced precision of parameters management provides better and more thorough treatment
- Most accurate treatment targeting

### Evidence of TENS for pain management





## High-intensity ultrasound head

### CELLULAR EFFECTS

- High intensity, high precision targeting
- Full absorption of ultrasound waves: no heat loss
- Visual and audio real-time feedback
- Ultrasound head ergonomics give an easy reach to treatment zone





## Fastest and most dynamic

### MUSCLE STIMULATION

- Gymna 200 now lets you establish an SD curve
- Fast and reliable analysis of the proportion of the muscle denervation
- Establishes the level of interdependence between stimulus strength and the time activating the muscles
- Assists you in determining the pulse time of impulses





## *When I need for performance, Gymna 200 gives me what I need*

### PRO TESTIMONY



*Peter,  
physiotherapist*

When Linda first came for physiotherapy treatment, she had been diagnosed with a foot drop. Though she had gone through surgery to have a lumbar hernia removed, the foot drop would not subside.

I immediately performed an extensive diagnosis of her condition by using the S/D curve technique, a standard feature provided by the Gymna 200 device. Serious signs of denervation were detected.

The instant response of the diagnosis provided by the Gymna 200 gave me the salient information to determine the precise current values

necessary to process the adequate muscle stimulation.

Her foot dorsiflexors underwent electrical stimulation. At the same time, I used a TENS current treatment to relieve her low back. In the meantime, she went through some exercise therapy routines.

A few weeks later, the back pain had disappeared and the TENS current treatment was interrupted.

In no time, Linda could go back to work as well as drive her car.

The use of an ankle-foot orthosis was even rapidly discarded.



## *When nothing else helped, electrotherapy put me back on my feet*

### **PATIENT TESTIMONY**



*Linda*

After an unfortunate set of circumstances, excruciating-pain masking prescriptions and a hernia operation, I found myself in a situation where I was losing the use of my right foot. I had a foot drop.

A neighbor of mine suggested that I turn to electrotherapy. She referred me to a specialist in the field.

I quickly met him. He ran a series of tests and performed a set of electrotherapy

treatments to relieve pain as well as speed up the healing process and strengthen my muscles of the lower leg. I felt immediate relief and improvement of my condition. I know now that I am on my way to full recovery. Quick, simple and exciting.

# Experience

2016

1975



**gymna**

[gymna.com](http://gymna.com)



## 40 years in Electrotherapy



1975

Gymna unveils their first electrotherapy device

1995

Gymna launches the first software-driven electrotherapy device

2016

Gymna 200: cutting edge prevails: ease of use keeps the patient as ultimate objective



## *The pursuit of excellence*

The Gymna 200 series reaches yet another level of excellence. 40 years at the edge of progress and evolution, Gymna keeps combining ease-of-use with the most advanced scientific insights of therapy. The patient remains the ultimate objective of success.

- Smooth manipulation
- Interface devoid of complexity
- No frills = no ambiguity
- You concentrate on the patient's needs



# Ease of use



Ease of use



Gymna 200 series

## The edge of your practice



PRECISION



EFFICIENCY



ERGONOMICS





## The edge of ergonomics

### PRECISION AT YOUR FINGERTIPS

- *Symbol-based interface*
- *Intuitive controls*
- *On screen display of electrodes placement*
- *Keep it spotless and sanitary*





## The edge of efficiency



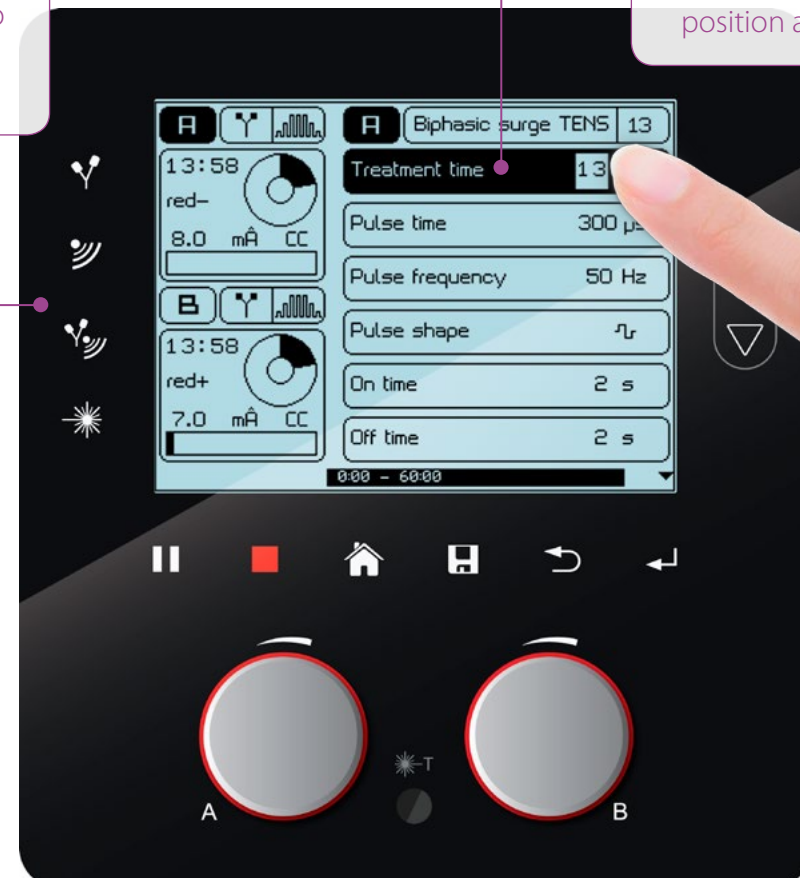
### Easy acces:

- direct keys to get immediate access to therapy, function, or parameter settings

### Full touch screen:

- logical arrangement
- fast action and reaction because of the direct keys
- full on-screen control of position and direction

- *Direct, instant action*
- *Quick setup*
- *One button = one objective*
- *Intuitive interface screen layout*
- *Touch-screen gives instant reaction*
- *Full picture of position and movement*





## The edge of precision



**1** Faster setup

**2** Precision at its best

**3** Dual button control

**4** Audio control feedback

**5** Unmatched operation safety



**GYMNA  
200 SERIES**  
*Available  
in two colors*



**gymna**<sup>®</sup>

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